

Orchard Park Central School District



OT & PT NEWSLETTER

OCTOBER 2023

OT & PT WEBSITE



1 Tying Shoes



Here are three techniques that will help your child learn how to tie their shoes.

2 Visual Perception



There are 24 things in this picture that are wrong. How many can you find?

3 Scavenger Hunt



Take your child outside and try this fall-themed scavenger hunt.

4 Gross Motor



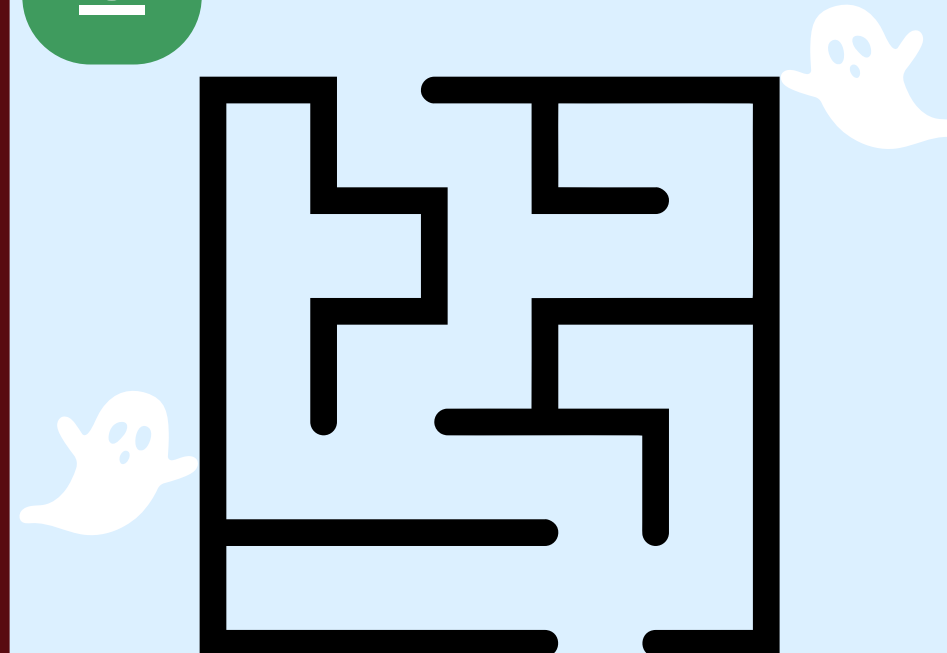
Watch this video to learn 10 ways you can use tape to develop gross motor skills.

5 Pumpkin Craft



Here is a pumpkin craft idea that is perfect for October!

6 Halloween Mazes



Mazes are a great way to work on visual motor skills. See if your child can go from start to finish without touching the lines.



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SEPTEMBER 2023

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1 Coloring



Read this article to learn about how coloring benefits children's development.

2 Backpack Safety



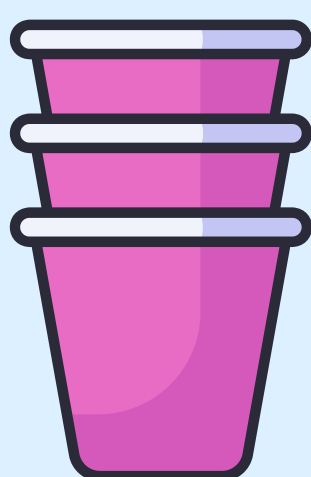
Watch this video to learn about tips for backpack safety. There's also an article.

3 Back to School Tips



Here are 5 sensory back-to-school strategies to try this month.

4 Gross Motor



Watch this video to learn 10 ways you can use plastic cups to develop gross motor skills.

5 Word Search



Complete this online word search to work on visual perception and scanning skills. See if you can make the leaderboard!

6 Book Idea



A children's book that introduces adaptive equipment, while encouraging imaginative play and inclusion.